IT TRIMS ITSELF

The idea this year

seems to be to trum

your dress with its

own material, made

into dainty flowers

or designs. In the

summer we had or-

gandle frocks trim-

med with organdie

roses, in puffy rows or occasional

patches. Now that

the time has come

crepes, the same

rimming idea

holds and we have

lustrous satin gownsofrich

colors adorned very simply with a few

artfully-made roses

of the same shim-

mering satin. One

finishes the bodice of this frock, while

a row of them surrounds the hips

A Sudden Blow

And Passes Them Along to Her Readers-Frits el Pinto, Chile la Valencia, Is Good Chicken Dish

By MRS. M. A. WILSON

rights reserved.) THE white man pushed the Indian farther West and i. days gone by conflicting strife between them led to the establishing of a reservation or In-dian territory—now the state of Okla-

Today the average Indian is a peaceable, well-dressed and educated citizen, and while a few of the older ones cling to the ancient rites and customs of their forefathers, by far the larger number of them are like their neighbors in other

The Indian woman is an admirable cook and quick to catch and imitate the ways of her white sister; she places upon her table some delicious dishes that are a combination of the Indian. Yankee and Spanish cooking. For the Spanish style of cooking surely domi-nates the old Santa Fe trail—a thirtynates the old Santa Fe trail—a thirty-five-mile square tract of Indian reserva-tion, that only a few years ago was an open prairie of waste land—today it is sprouting with oil wells, which are now located upon ground which was once held as worthless—this has made many of the Indians quite wealthy.

When we stopped one time at a little Cherokee place for dinner we were treated to a delicious frits el pinto, chile la valencia, a sort of fried chicken and pinto beans. Our dinner menu:

Chilled Cantaloupe Pinto 'Chile la Valencia Cucumbers Bolero Sauco Frits el Pinto Chile la V Baked Cucumbers Bolero Bread and Butter

Plum Custards

Coffee
To prepare the frits el pinto 'chile la valencia, select a fat old hen and cut as for fricassee and cook until tender.

Wash and look carefully over one and one-half cups of red kidney beans and then soak the beans overnight or four hours in cold water, then parboil until tender. Drain.

Scald and remove the skins from four tomatoes and then cut in thin slices.

Prepare six chiles as directed last week, using sweet red peppers. Now add the tomatoes and chile and small bit of garlic mixed fine to the beans, and add two cups of chicken stock and simmer slowly, seasoning to taste.

wly, seasoning to taste. Place in a bowl

One and one-half cups of flour. One teaspoon of salt, Two teaspoons of baking powder.

Sift to mix and then rub into the four four tablespoons of shortening and use six tablespoons of water to form a dough, and then roll out the dough one-quarter-inch thick. Cut into five inch squares and then place on the prepared pastry; a leg or piece of thigh, remov-ing the bone, and meat from the wing, one tablespoon of finely minced parsley, One tablespoon of finely minced chile.

One traspoon of grated onion. Season with salt and pepper. Wet the edges of the pastry and pinch tightly together, making a three-corner fold. Let stand about one-half hour

To serve, lift on a platter and place the border of the prepared beaus. Baked cucumbers: Pare the cucumbers and then cut in slices one inch tender thick. Dip in flour and then in beaten place egg, and roll in fine crumbs. Fry until haking dish and cover with bolero sauce.

Bake for twenty minutes. Bolero Sauce cup of chicken stock add Two tablespoons of flour, One well-beaten agg. Juice of one lemon.

THE PRIZE MENU CONTEST Offers three prizes each week for the best dinner menu submitted for than \$1.50.

The prizes are: \$1

Be sure to put your full name and errect address on the menu. Also the date of sending it. The foods suggested must be staples and in season. And you must send a sales stip. too, which will give the cost of all materials used.

Address all menus to

Mrs. Wilson's Menu Contest Evening Public Ledger Independence Square

Please give the whole name and ull address, as there have been some misunderstandings on account of insufficient addresses for the

gash the skin with a knife, and ther

Two cups of milk, Three rags. Two-thirds cup of sugar.

One-half teaspoon of cinnamon

in a mixing bowl. Beat to mix and then fill the cups with prepared custards. Set in a pan of water and bake slowly until the custards are set. A slow oven is necessary for this dish.

Frijoles

The old standby of the sturdy old pioneers of the Southwest, frijoles are just plain beans, the pinto or red kidney bean, and the old-timer carried them in his pack. He usually placed them to soak overnight, when he turned in; then they were placed in the embers of the fire, and in the morning were tender and ready to eat.

Wash and soak overnight one and half cups of red kidney beans. In the morning parboil until tender and then pork and cook until nicely browned

One-half dozen tomatoes, cut is One-half dozen chile prepared a directed.

Simmer slowly and season with salt until the beans are quite mealy.

Ged Appra

This dish is usually, prepared in the late fall, and is a sort of barbecue. Se-lect a three-pound cut of meat and dry pot roast. When the meat is tender add One dozen chile, prepared as directed, One and one-half cups of prepared kidney beans.

Three cups of clewed tomotoes. One-quarter cup of vinegar, Clove of garlic. Simmer slowly until the beans are

ender, and while the mixture is cooking One-half cup of cornmeal,

One teaspoon of salt,
One chile.

Beat to dissolve the flour and then add two slices of meat, some beans, a least to dissolve the flour and then the salt of the s Beat to dissolve the flour and then bring to a boil and cook for three min-bring to a boil and cook for three min-gravy and you will have a delicious meal if you serve sliced tomatoes and slaw. Try this on the family

### Menu Contest Honor List

Miss Helen McAllister, 1720 West Ontario Street

Menu

Breast of Veal With Stuffing Cern on Cob Braised Sweet Pointoes Colesiaw Lima Beans Bread and Butter leed Tea With Lemon

SALES SLIP One and one-half pounds of yeal . \$ .45 quarter peck lima beans ..... One-quarter peck lims beans
Cabbage
Home-made dressing
Bread and butter
One quart sweet potatoes
Peaches

Total .....\$1.50 Mrs. G. W. Yerger, Jr., Atlantic City, N. J.

Sugar .....Tea, lemon and ice .....

Pot Beast (English)
Brown Petatoes Beets (buttered)
Tomato and Lettuce (dressing)
Bread Butter Coffee
Cornstarch Pudding SALES SLIP

uart of potatoes

Seets
etruce and tomatoes Dressing (portion of mayonnaise). Onion
Bread and butter
Coffee and condensed milk
Sugar (coffee and pudding)
Pint of milk int of milk Seasoning ..... Total ......\$1.49

> Mrs. L. Y. Brendle, 5520 Woodland Avenue

Ham
String Beans Potatoes
Tomato Salad
Bread and Butter Iced Tea
Sliced Peaches SALES SLIP

One and one-half pounds boneless ham at 45 cents 5.68
One-quarter peck string beans 10
One-tenth peck potatoes 99
Three tomatoes and lettuce 10
Tea lemon, sugar 12 Tea, lemon, sugar
Peaches
Cream from the top of milk .....

Mrs. F. Benfield, 2743 South Beulah Street

Pot Roast of Brisket Oulon Brown Potatoes Sticed Tomatoes

Bread Butter Coffee Cantaloupes

SALES SLIP wo and one-half pounds brisket. \$ .4: One-quarter peck potatoes ..... One-half of one-quarter peck toma-One-half dozen cars corn Bread
One-quarter pound butter
One-quarter pound coffee
Two cantaloupes

BLACK OIL CLOTH WITH CHANTILLY LACE



An unusual combination of ma-terials, used in this frock, made a very unusual effect. The dress itself is of broadcloth, the sleeves and side panels are of Chantilly lace, and the trimming is made of silver thread

A Sudden Blow

Julian and Diana Long, after three years of married life, decided that the one thing to do is to separate. They have not quarreled, but neither have they ever been really in love with each other, due to the fact that their marriage was the result of a lifelong friendship. Their one idea is to find romance, but neither is successful, and finely after several months they meet one day and are amazed at the storm of feeling that results. Diana realizes finally that she is actually in love with her own husband, and fearing that he may discover the truth she engages herself to another man. Her ideas hove undergome a change, too, for where she has formerly seen only the rights of individuals in marriage, she now sees marriage as an institution and standing for an ideal. This is made clear to her through her friend. Alice Irwin, who, feeling that Diana has made a success in the business world, wants to go and do likewise, and Alice has two children.

in the saucepan and pour slowly on the cornmeal one quart of boiling water. Beat to free from lumps and then cook until thick like mush. Cool and then add one cup of flour and work in the flour well. Form into thin, flat cakes between the hands the size of a griddle cake. For in hot fair and place the

Chiles are sweet red peppers. This is purely an old reservation dish.

The plums grow as hig as small oranges and then rub the hands with saled oil full of juice. Grease a glass custard full of juice. Grease a glass custard cup and then take plums, wash and from the chiles, or peppers.

the rights of individuals in marriage. As she now sees marriage as an effect of the property o os Levell and her small coterie of friends Besides. Hortense, in love with another Total ...... \$1.29 man, was a different woman from the one he had known, and he could not ex-

pect her to devote much of her time to Constance Loring was still in town and out of sheer loneliness and boredom Julian saw her occasionally. After that day when he had left her unceremoniously at her hotel, she had been rather piqued, and had shown her hand a bit too plainly. No man relishes the fact that a woman thinks she has some hold on him, and Constance was quick to see that she had made a mistake. She made herself agreeable, and even when Julian was most preoccupied, and she knew his thoughts were not with her, she forced herself to be pleasant. She was too

> The Question Corner Today's Inquirles

Describe a dainty handbag that resembles the bead bags carried this summer.

this summer.
How is a new ironing board made that is convenient for the apartment or small house?
When it is impossible, for the sake of health, to wear highheeled shoes, what dressy type of heel can be worn with an evening dress? -

winter evening clothes?
5. How can a corset box be used to good advantage on a picnic?
6. What economical cloths are best to use for wiping mirrors?

Yesterday's Answers A breeze for amateur theatricals or tableaux can be "faked" by placing an electric fan where it will blow directly upon the

A new talking machine that is

A new talking machine that is convenient to carry on trips is a small one, weighing four pounds, which is operated by a spring instead of a motor.

When the eye is missing opposite a hook on a dress, pin a safety pin through the vacancy, and fasten it. The hook will catch in it and hold the place together.

old the place together. Ribbons are used to edge overskirts and form bands on the bot-tom of skirts of some of autumn's ewest frocks.

newest frocks.
White gloves may be worn for traveling, but dark ones look better, as they do not soll so quickly.
A duvetyne handbag that is too be better be a carried out to be A duvetyne handbag that is too shabby to be carried can be cut into flat flowers to be appliqued to a felt or velvet hat. Please Tell Me What to Do By CYNTHIA

Away In Oklahoma "Eastern C. T.," Okla.—The person to whom you refer could not possibly have had any connection with your case. The one she was cautioned not to trust is living right in this city. Cynthia wishes you luck with your Sarah. Perhaps if your letters to her show that you love her very much, she will be willing to marry you and live in the West. There's nothing like asking her, to find out.

He Wants Advice

Dear Cynthia — I would like you to help me out. I have met a girl to whom I took a liking. She has asked me to call, which I did. Now I have a friend to whom she has taken a liking. I have shown this girl many good times, but I know she loves my friend. Shall I go on any further with this girl? I love this girl. H. M. If you care for this girl why give up without a struggle? She can only say yes or no, and at least you will be at peace in your mind on the matter.

Isn't He the Poet? Dear Cynthia Some time agone "Acetylene" (7) raised the question as to whether one loves with one's heart or one's brains. Here is one disinterested

view:
Do lovers love with head or heart?
The query isn't very deep;
The way they act, is, for a fact.
Enough to make a strong man weep
The foolish things young spooners coo
Give other people sundry pains.
Convincing them, beyond a doubt,
That lovers love without their brains.

Admires the Column

Dear Cynthia—I am a girl of seventeen and although I have been a steady reader of your column this is the first time I have ventured to write. I am writing now to tell you that I greatly admire your way of giving advice to those who come to you for ald, and I am sure many have profited by it. At present I am in no need for advice, but when I have need of it you will hear from me. A DEVOTED ADMIRER

Thank you for your appreciation of Cynthia's efforts. She hopes you will call upon her at any time you may wish assistance.

Shall They Wed or Walt? Dear Cynthia—We are three girl chums of seventeen years of age—one a blonde and two brunettes. We are in the best of society and have a host of friends, including both sexes. We have often read in the paper the good advice you the advise it. read in the paper the good advice you give, and are asking you to advise us on a very important question.

We each have been going with a young man for six months or more. At the tast week-end party we attended our friends asked us to marry them. We went to our parents, and they gave their consent. We would like to know if we should wait a war, before marrying. ould like to know vear before marrying.
Hoping to see our letter in print, we TRIPLETS.

Photo by Central News.

cle er to lose him by making the same

Tomorrow-Reconciliation

Your Soul's in Your Hand

By IRVING R. BACON

Flexible Ambitlous Hand The abnormally big index finger denotes the Jupiterian, as does also the mount at the finger's base. The flexibility adds brilliancy.

XXVII

We now come back to a consideration

of the seven types of numanity. To be

able to understand the differences be-

tween persons of the same type, it was

necessary first to understand the various causes contributing toward these differ-ences, such as the intuitive quickness of short, smooth, confe-tipped fingers; the

deliberate and thoughtful slowness and

patience of the long, knotted, square

tipped fingers, etc. Now that we have ascertained the meanings of these dif-

ferentiating causes, let us assume that

you are a Jupiterian; that is to say,

that your index-finger is proportionately the longest and that your Mount of Jupiter is the dominant one; and, that your

hand or, at least, fingers are flexible. The flexibility, added to the Jupiterian

qualities, puts you in the class of bril-

liant leaders. Unless some unfortunate

trait such as we shall meet with in later

sections handicaps your progress in life, you should be able to advance yourself easily. For, the Jupiterian is ambitious, proud, but not too proud, the possessor of all the gifts required for leadership; he is inclined to be honorable, fairminded and aiming at high ideals. And with flexibility added, he is amiable, extremely versatile, kind, indulgent and broadminded. And his attractive personality is rendered doubly attractive.

(To Be Continued)

CARELESS HEARTS

By HAZEL DEYO BATCHELOR

You forgot to give me one detail. Dil il the young men all propose at the time? Suit yourselves, my dear Triplets. Are you all going on the same wedding trip?

Another Outburst

cl. er to lose him by making the same mistake a second time.

It was quite by chance that Julian ran into Alice Irwin one day on the street. She pounced upon him eagerly.

"Julian Long, where on earth have you been keeping yourself all this time?"

"Oh, I've been around. I bump into Jim occasionally." It was quite by chance that Julian ran into Alice Irwin one day on the street. She pounced upon him eagerly.

"Julian Long, where on earth have you been keeping yourself all this time?"

"Oh, I've been around. I bump into Jim occasionally."

"But why haven't you been to see us? Have you heard about Diana?"

Instantly Julian was electrified. "What about Piana?"

"Why, I supposed, of course, that you'd heard. Diana is going to be married."

Alice announced her news triumphantly.

"Married!" Julian's tone was vague.

"Why, yes, to some rich westerner."

Alice was watching him closely, and his expression was easy to read. "He's in low has the lordly ex-Top love with Diana," she said to herself.

As she stood and looked at Julian, the glory of her wifehood had never sur-

#### WHAT'S WHAT By HELEN DECIE



Behold Mr. Jollyby, who has his own notions of "carrying sunshine" to a shutin friend upon whom he is calling:

He knows that all outdoor pleasures are taboe to her, and, instead of talking about new books, or discussing ourrent events, or telling her interesting news about friends, or dealing with any of the other topics which might be appreciated by an invalid, he expatiates upon his own athletic prowess, and upon the "good times" enjoyed by women who can adance and swim, who can ride to hounds and climb mountains and row boats. All this is like gall and wormwood to the fragile woman who cannot even paddle her own cance, and who must be moved from window to window in her wheeling chair.

Put yourself in her place and see hew Behold Mr. Jollyby, who has his own

Put yourself in her place and see how you would like a visit from this cheer-ful idiot!

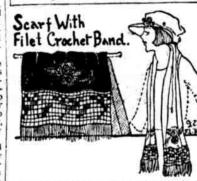
Making More Money

ness hours.

"Any girl can reach the executive desk if she will smile and keep at her work and not be afraid of putting in a little overtime, grabbing the little a little overtime, grabbing the inter-opportunities for progress as they amble along. Selling is the greatest art in business today and the sales depart-ments of business hold out the best re-wards for women as well as men. But you've got to be pleasant to get 'em!"

Tomorrow-A Matter of Good Taste

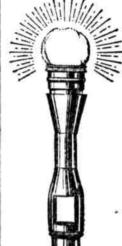
Things You'll Love to Make



For cool fall evenings what could be nicer than this adorable scarf with filet border! Use gray duvetyne or jersey. Two and one-half yards makes a gerviceable length. (Line it or not as you please.) To each end crochet a filet border in worsted of your favorite color. Ornament with worsted flowers. You will the total the year's not only for the warmth

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### SHE WAS ALONE IN A WORLD THAT WAS NEW AND FOREIGN

She Couldn't Understand Anybody or Say Anything Until an American Young Man Talked the Language That Everybody Knows-Sympathy

SHE was all alone in a great big weird design of dirt wherever they She had never seen that part of it before, and how she got there was a dark mystery.

All she knew was that she had been walking along and then suddenly she didn't know where she was.

And she was so little that she couldn't even speak her own language very plainly.

So she resorted to that language of So she resorted to that language of American young man.

plainly.
So she resorted to that language of childhood which everybody understands—she burst into heaving, heart-broken, bewildered sobs. A man of her own nationality stopped and tried to find out what it was all

But she spoke their own language so badly, and he spoke English so badly that neither of them got anywhere. ND then, like the prince in the fairy A tale, the American young man came

deep-drawn sobs were too

Those deep-drawn sobs were too much for him.

He almost had to sit on the pavement to get down on a level with the smeary little face that was so tied up with misery, but he managed it.

At first he was just another strange, fearful thing in such a strange world.

Then she recognized that other thing that is the same in all languages, and understood by every nationality—sym-

around and smiled confidently at the American young man.

Once when she looked across at him, while they were riding along in the car, he winked at her.

She knew that, too, and she winked back with the whole side of her face.

Then they had to change cars, and that was great fun; it really was fing to have been lost and picked up and taken riding by such a nice person.

They reached the street and she began to recognize familiar objects.

With a glad cry and a wave of her arm she pointed out her own house-and there was some one standing on the step.

the step.
She dropped the American young man's hand and ran, laughing joyoualy.

AND by the time he got there, she was safe where she belonged, in her Then she recognized that other thing that is the same in all languages, and understood by every nationality—sympathy.

The sobs became slower and hope hegan to dawn, slowly, but every minute more confidently.

The grimy hands mashed the tears back from the big dark eyes, leaving a ed, very happy little foreign face.

crossing from the shoulders and around the waist and a short cape effect falling from one shoulder. The hair is worn is a psyche knot, with a band of ribbon around it.

### THE WOMAN'S EXCHANGE

Pierrette also wears a slim costume. This consists of a long-necked wrinkied bodice, with long flaring sleeves and long, trouser-like skirt, which is fastened at the ankles with resettes and flares out at the hips. A full ruff is worn round the neck and a tiny little hat on one side of the head. Serve either ice cream and cake of sandwiches, punch and cakes at the mass querade party.

Wants to Reduce

To the Editor of Woman's Page: Dear Madam—Will you please let me know how to reduce? I try exercise and swimming, but it does not help. Will you also let me know of a masquerade suit of slender lines? Also, how to make his control of the suit of slender lines?

Typewriting at Home To the Editer of Woman's Page:

Dear Madam — Kindly advise me where to apply for typewriting or envelope addressing to do at home. Do you think my living outside Philadelphia would make it difficult for me to obtain, work of this kind?

make it?

What shall I serve at a masquerade party, boys and girls, ages sixteen to fineteen?

R. L.

If exercise does not help you to reduce, you had better try a diet; but be sure to consult a physician before you do it, for you might not do the right thing and you might injure your health. Some constitutions cannot stand dieting, you know, and such things have to be undertaken very carefully.

The Grecian lady wears a costume of slender lines, in the form of a long robe that reaches to the feet, with a cord.

Watch the papers for advertisements of the addressing. Firms that want work of that kind done insert advertisements once in a while, and if yea keep watching you can catch the first constitutions cannot stand dieting, you know, and such things have to be undertaken very carefully.

The Grecian lady wears a costume of slender lines, in the form of a long robe that reaches to the feet, with a cord.

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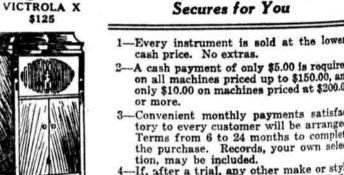
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